

## Menu Cycle (5)

Admin

Nutrition Plan: **FGA17W1** **FALKIRK GA SPRING 2017 WEEK 1**

Menu Course	FALKIRK GA SPRING 2017 W1D1	FALKIRK GA SPRING 2017 W1D2	FALKIRK GA SPRING 2017 W1D3	FALKIRK GA SPRING 2017 W1D4	FALKIRK GA SPRING 2017 W1D5
Not Specified	THAI YELLOW VEGETABLE CURRY SEC [20]	SEC MANDARIN BARBECUED PORK [20]	CHICKEN TIKKA MASSALA SEC [20]	MEXICAN CHILLI BEEF SEC [10]	CRISPY BATTERED POLLOCK FILLET TR [25]
	STICKY JASMINE RICE SEC [20]	BEGGARS NOODLES SEC [20]	JEERA ALOO SEC [20]	RICE 1/2 WHOLEGRAIN TR [10]	PAPRIKA DUSTED CHIPS SEC [40]
	SWEET CHILLI BROCCOLI SEC [40]	SEC WOK TOSSED ORIENTAL VEGETABLES [40]	CHANNA SAAG SEC [40]	CHARRED COURGETTE WITH PICO DE GALLO [40]	MUSHY PEAS [40]
	SNACK SPICY QUORN DOG [10]	SPECIAL MARINATED CHIX THIGH FLATBREAD [15]	ULTIMATE BEEF BURGER TR [15]	MARINATED ROAST CHICKEN DRUMSTICKS SEC [20]	CAJUN PULLED PORK & BEAN PITTA SEC [5]
	MACARONI TRIPLE CHEESE & CRISPY TOP SEC [10]	BBQ BOSTON BEANS IN A STEAMED BUN SEC [5]	BURRITO MEXICAN SPICY QUORN [5]	PIRI BUTTERNUT AND HALLOUMI SKEWER SEC [10]	SPICY VEGETABLE AND BEAN QUESADILLA TR [10]
	CAJUN WEDGES SEC [10]	SPICY RICE SEC [20]	GARLIC & HERB WEDGES SEC [20]	CREAMED POTATOES TR [30]	APPLE SLAW SEC [40]
	CAESAR SALAD SEC [40]	CHILLI & LIME SWEETCORN SEC [40]	GREEN SALAD SEC [40]	SWEET CHILLI BEANS SEC [40]	TRATTORIA 14 MARGHERITA STONE BAKE PIZZA [10]
	VEGGIE SUPREME PIZZA SEC [10]	TUNA & SWEETCORN PIZZA SEC [10]	HAWAIIAN PIZZA SEC [15]	3 CHEESE SICILIAN PIZZA SEC [10]	HERBY TOMATO PASTA SEC FFL [20]
	VEGETABLE BOLOGNAISE SAUCE FFL SEC [10]	QUORN AND VEGETABLE LASAGNE TR [15]	ARRABIATA PASTA SEC FFL [10]	TURKEY MEATBALL TOMATO PASTA BAKE SEC [20]	ASSORTED SALAD ACCOMPANIMENTS TR [20]
	TRATTORIA 14 MARGHERITA STONE BAKE PIZZA [20]	TRATTORIA 14 MARGHERITA STONE BAKE PIZZA [15]	TRATTORIA 14 MARGHERITA STONE BAKE PIZZA [15]	TRATTORIA 14 MARGHERITA STONE BAKE PIZZA [10]	YOGHURT [15]
	ASSORTED SALAD ACCOMPANIMENTS TR [20]	ASSORTED SALAD ACCOMPANIMENTS TR [20]	ASSORTED SALAD ACCOMPANIMENTS TR [20]	ASSORTED SALAD ACCOMPANIMENTS TR [20]	SEASONAL FRESH FRUIT CUPS [20]
	YOGHURT [15]	YOGHURT [15]	NAAN BREAD ACC [50]	YOGHURT [15]	ASSORTED HOMEBAKES [50]
	SEASONAL FRESH FRUIT CUPS [20]	SEASONAL FRESH FRUIT CUPS [20]	YOGHURT [15]	SEASONAL FRESH FRUIT CUPS [20]	ASSORTED JACKET POTATOES SECONDARY [9]
	ASSORTED HOMEBAKES [50]	ASSORTED HOMEBAKES [50]	SEASONAL FRESH FRUIT CUPS [20]	ASSORTED HOMEBAKES [50]	ASSORTED SANDWICHES SEC NEW RANGE [9]
	ASSORTED JACKET POTATOES SECONDARY [9]	ASSORTED JACKET POTATOES SECONDARY [9]	ASSORTED HOMEBAKES [50]	ASSORTED JACKET POTATOES SECONDARY [9]	ASSORTED SALADS SECONDARY [2]

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ASSORTED SANDWICHES SEC NEW RANGE [9]	ASSORTED SANDWICHES SEC NEW RANGE [9]	ASSORTED JACKET POTATOES SECONDARY [9]	ASSORTED SANDWICHES SEC NEW RANGE [9]	TRATTORIA 14 BBQ CHIX STONE BAKED PIZZA [10]
ASSORTED SALADS SECONDARY [2]	ASSORTED SALADS SECONDARY [2]	ASSORTED SANDWICHES SEC NEW RANGE [9]	ASSORTED SALADS SECONDARY [2]	ASSORTED DRINKS [50]
ASSORTED DRINKS [50]	SUMMER PUDDING WITH CREME FRAICHE TR FB [15]	ASSORTED SALADS SECONDARY [2]	APPLE CRACKNELL TR FB [15]	JOES PLAIN HOT CHOCOLATE 12OZ [10]
JOES PLAIN HOT CHOCOLATE 12OZ [10]	ASSORTED DRINKS [50]	ASSORTED DRINKS [50]	ASSORTED DRINKS [50]	JOES VANILLA ICED FRAPPE [4]
JOES VANILLA ICED FRAPPE [4]	JOES PLAIN HOT CHOCOLATE 12OZ [10]	JOES PLAIN HOT CHOCOLATE 12OZ [10]	JOES PLAIN HOT CHOCOLATE 12OZ [10]	JOES CHOCOLATE ICED FRAPPE 12OZ [4]
JOES CHOCOLATE ICED FRAPPE 12OZ [4]	JOES VANILLA ICED FRAPPE [4]	JOES VANILLA ICED FRAPPE [4]	JOES VANILLA ICED FRAPPE [4]	JOES SUPERFRUITY ICED TEA [1]
JOES LEMON ICED TEA [1]	JOES CHOCOLATE ICED FRAPPE 12OZ [4]	JOES CHOCOLATE ICED FRAPPE 12OZ [4]	JOES CHOCOLATE ICED FRAPPE 12OZ [4]	JOES LEMON ICED TEA [1]
JOES SUPERFRUITY ICED TEA [1]	JOES LEMON ICED TEA [1]	JOES LEMON ICED TEA [1]	JOES SUPERFRUITY ICED TEA [1]	
	JOES SUPERFRUITY ICED TEA [1]	JOES SUPERFRUITY ICED TEA [1]	JOES LEMON ICED TEA [1]	